

Help us explore a potential way to protect your heart

Has your doctor said that you have a high risk of heart disease?

If so, you may be able to take part in a clinical research study

We are currently recruiting patients for a clinical research study looking at a concentrate of omega-3 free fatty acids to see whether it can help to decrease the risk of serious heart problems in people with high blood triglycerides (a type of fat in the blood that can raise your risk of heart disease) and low levels of high-density lipoprotein-cholesterol (HDL-C; the 'good' cholesterol). If you take part, you will be asked to take either the concentrate of omega-3 free fatty acids (made from fish oil) or a placebo, which contains corn oil, once a day for 3–5 years.

You may be able to take part in the **STRENGTH** Trial if you:

- are 18 years of age or older
- take a statin medication but still have high triglyceride levels
- have **at least one** risk factor for heart disease, such as:
 - a history of heart problems or stroke
 - type 1 or 2 diabetes
 - high blood pressure or taking a blood pressure medication
 - being a regular smoker.

A study doctor will need to review your previous medications and perform additional assessments during one or more screening visits at the study centre to ensure that this study is right for you.

Taking part in this study will involve regular visits to the study centre, where your heart and general health will be monitored closely by a team of doctors and nurses. All study medications and study-related health assessments will be provided at no cost to you.

If you would like more information, please contact the study centre using the details below. We look forward to hearing from you.