

## TIME Treatment in the Morning versus Evening

The big question is, would taking blood pressure medication in the evening be better (or worse) than taking it in the morning in preventing strokes and heart attacks? The TIME study will try to answer this question.

We have recently started recruiting participants for this new study.

For this study subjects should:

1. Be hypertensive (on medication).
2. Be taking their blood pressure medication OD.
3. Have internet access at their homes.

If prospective participants are happy they can register themselves online on [www.timestudy.co.uk](http://www.timestudy.co.uk) download the Participant Information Sheet and sign an electronic consent. After that they will be randomised to take their existing blood pressure medication either in the morning or in the evening. They will then be monitored with online questionnaires by the University of Dundee.

When registering participants are asked where they heard about the study and if they choose 'hospital or clinic' they are then given a drop down list to choose what hospital they were provided the information by (Barts). Please scroll down as Barts is near the end of the list!

If you are taking blood pressure medication please do consider taking part and help us increase our recruitment to this important study.